

YMCA of Greater Westfield



# COLE POOL SCHEDULE

## FEBRUARY

Effective FEBRUARY 1 through FEBRUARY 29

| MONDAY                                    | TUESDAY                        | WEDNESDAY                                 | THURSDAY                       | FRIDAY                                    | SATURDAY                        | SUNDAY                     |
|---|--------------------------------|---|--------------------------------|---|---------------------------------|----------------------------|
| <b>LAP SWIM</b>                           |                                |   |                                |   |                                 |                            |
| 6:00am - 8:00am<br>Lanes 1-6 1-3 til 6:30 | 6:00am - 8:00am<br>All Lanes   | 6:00am - 8:00am<br>Lanes 1-6 1-3 til 6:30 | 6:00am - 8:00am<br>All Lanes   | 6:00am - 8:30am<br>Lanes 1-6 1-3 til 6:30 | 7:00am - 8:00am<br>All Lanes    | 12:15-4:30pm<br>Lanes Vary |
| 8:00am - 10:00am<br>Lane 6                | 8:00am - 10:00am<br>Lane 6     | 8:00am - 10:00am<br>Lane 6                | 8:00am - 10:00am<br>Lane 6     | 8:30am - 9:30am<br>Lane 6                 | 8:00am - 10:00am<br>Lane 4      |                            |
| 10:00am-2:40pm<br>All Lanes               | 10:00am-2:40pm<br>All Lanes    | 10:00am-2:40pm<br>All Lanes               | 10:00am-2:40pm<br>All Lanes    | 9:30am-2:40pm<br>All Lanes                | 10:00am - 4:00pm<br>Lanes 1 - 3 |                            |
| 6:00pm-7:00pm<br>Lanes 4-5-6              |                                | 6:00pm-7:00pm<br>Lanes 4-5-6              |                                |   | 5:00pm-8:30pm<br>Lanes 4 - 6    |                            |
| 7:00pm - 8:00pm<br>Lanes 5-6              | 6:00pm - 7:15pm<br>Lanes 4 - 6 | 7:00pm - 8:00pm<br>Lanes 5-6              | 6:00pm - 7:15pm<br>Lanes 4 - 6 | 6:00pm - 9:30pm<br>Lanes 1-4              |                                 |                            |
| 8:00-9:30pm<br>All Lanes                  | 7:15pm - 9:30pm<br>All Lanes   | 8:00pm-9:30pm<br>All Lanes                | 7:15pm - 9:30 pm<br>All Lanes  | 7:00pm-9:30pm<br>Not 4th Friday monthly   |                                 |                            |

| <b>POOL FITNESS</b>             |                                 |                                 |                                 |                                |  |  |
|---------------------------------|---------------------------------|---------------------------------|---------------------------------|--------------------------------|--|--|
| 8:10am - 10:00am<br>Lanes 1 - 5 | 8:10am - 10:00am<br>Lanes 1 - 5 | 8:10am - 10:00am<br>Lanes 1 - 5 | 8:10am - 10:00am<br>Lanes 1 - 5 | 8:30am - 9:30am<br>Lanes 1 - 5 |  |  |
| 7:00-8:00pm<br>Lanes 1-4        | 6:15-7:15pm<br>Lanes 1-3        | 7:00-8:00pm<br>Lanes 1-4        | 6:15-7:15pm<br>Lanes 1-3        |                                |  |  |

| <b>SWIM LESSONS</b>        |                                |                            |                                |                            |                                 |  |
|----------------------------|--------------------------------|----------------------------|--------------------------------|----------------------------|---------------------------------|--|
| 6:00pm-6:45pm<br>Lanes 1-2 | 5:15pm - 6:00pm<br>Lanes 5 - 6 | 6:00pm-7:30pm<br>Lanes 1-2 | 5:15pm - 6:00pm<br>Lanes 5 - 6 | 6:00pm-6:45pm<br>Lanes 5-6 | 9:00am - 11:00am<br>Lanes 5 - 6 |  |

| <b>SWIM TEAM</b>            |                                |                            |                            |                            |                               |  |
|-----------------------------|--------------------------------|----------------------------|----------------------------|----------------------------|-------------------------------|--|
| 5:30am- 6:30am<br>Lanes 4-6 | 2:40pm-6:00pm - 6<br>All Lanes | 5:30am-6:30am<br>Lanes 4-6 | 2:40pm-6:00pm<br>All Lanes | 5:30am-6:30am<br>Lanes 4-6 | 8:00am - 10:00am<br>Lanes 4-6 |  |
| 2:40PM-6:00PM<br>All Lanes  |                                | 2:40PM-6:00PM<br>All Lanes |                            | 2:40PM-6:00PM<br>All Lanes |                               |  |

| <b>FAMILY OPEN SWIM</b> |  |  |  |                                     |                               |                            |
|-------------------------|--|--|--|-------------------------------------|-------------------------------|----------------------------|
|                         |  |  |  | 4th Friday monthly<br>7:30pm-9:30pm | 2:00pm - 6:30pm<br>Lanes Vary | 12:15-4:30pm<br>Lanes Vary |
|                         |  |  |  | Family Fun Nite                     |                               |                            |

**FEBRUARY POOL EVENTS**

*Feb. 4 & 5 W. MA Y Swimming Championships  
Friday Feb. 10 Kids Night Out  
Friday Feb. 24 Family Fun Night*

Lap swim is for continuous swimming of laps. Circle swim lap lanes are designated shared lanes. Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.

**POOL TIMES ARE SUBJECT TO CHANGE**

Please contact Jamie Bloom Program Director 568-8631 ext. 312 [jbloom@westfieldymca.org](mailto:jbloom@westfieldymca.org) or visit our website at [westfieldymca.org](http://westfieldymca.org)

YMCA of Greater Westfield

# SMALL POOL SCHEDULE

## FEBRUARY

Effective FEBRUARY 1 through FEBRUARY 29

| MONDAY                  | TUESDAY         | WEDNESDAY       | THURSDAY        | FRIDAY          | SATURDAY         | SUNDAY |
|-------------------------|-----------------|-----------------|-----------------|-----------------|------------------|--------|
| <b>FAMILY OPEN SWIM</b> |                 |                 |                 |                 |                  |        |
| 3:00pm - 5:00pm         | 3:00pm - 4:30pm | 3:00pm - 4:30pm | 3:00pm - 4:30pm | 3:00pm - 4:30pm | 11:00am - 1:30pm |        |

|                 |                 |                 |                 |                 |                 |              |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|--------------|
| 7:30pm - 9:30pm | 7:00pm - 8:30pm | 7:30pm - 9:30pm | 7:00pm - 8:30pm | 7:30pm - 9:30pm | **4:30pm-8:30pm | 12:15-4:30PM |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|--------------|

**ADULT OPEN SWIM**

|                 |                 |                 |                 |                 |                 |  |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|--|
| 6:00am - 9:00am | 6:00am - 9:00am | 6:00am - 9:00am | 6:00am - 9:00am | 6:00am - 9:00am | 7:00am - 8:30am |  |
| 2:00pm - 3:00pm |                 | 2:00pm - 3:00pm |                 |                 |                 |  |
|                 | 8:30pm - 9:00pm |                 | 8:30pm - 9:00pm |                 |                 |  |

**POOL FITNESS**

|                 |                 |                 |                 |  |  |  |
|-----------------|-----------------|-----------------|-----------------|--|--|--|
| 11:00am-12:00am | 1:00pm - 2:00pm | 11:00am-12:00am | 1:00pm - 2:00pm |  |  |  |
|-----------------|-----------------|-----------------|-----------------|--|--|--|

**SWIM LESSONS**

|                  |                 |                  |                 |                 |                  |  |
|------------------|-----------------|------------------|-----------------|-----------------|------------------|--|
| 9:00am - 11:00am | 9:00am-11:30am  | 9:00am - 11:00am | 9:30am-11:00am  | 9:30am -12:00pm | 8:30am - 11:00am |  |
| 1:00pm-2:00pm    |                 | 1:00pm-2:00pm    |                 | 1:00pm - 2:00pm |                  |  |
| 5:00pm - 6:30pm  | 4:30pm - 7:00pm | 4:30pm - 6:30pm  | 4:30pm - 7:00pm | 4:30pm - 6:00pm |                  |  |

**THERAPY SWIM**

|                |                  |                |                  |                |  |  |
|----------------|------------------|----------------|------------------|----------------|--|--|
| 12:00pm-1:00pm | 12:00pm - 1:00pm | 12:00pm-1:00pm | 12:00pm - 1:00pm | 12:00pm-1:00pm |  |  |
| 6:30pm -7:30pm |                  | 6:30pm -7:30pm |                  | 6:30pm -7:30pm |  |  |

**SPECIAL NEEDS ADULT SWIM**

|  |  |  |  |                 |  |  |
|--|--|--|--|-----------------|--|--|
|  | 8:30pm - 9:00pm<br>(shared w/Adult Open) |  | 8:30pm - 9:00pm<br>(shared w/Adult Open) | 2:00pm - 3:00pm |  |  |
|--|--|--|--|-----------------|--|--|

**KIDS NIGHT OUT & FAMILY FUN SWIM NIGHT**

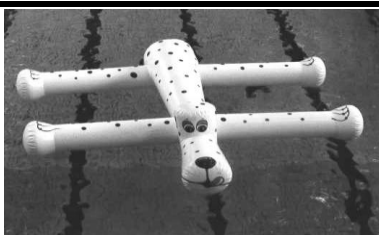
|  |  |  |  |  |               |  |
|--|--|--|--|--|---------------|--|
|  |  |  |  | KNO 7:30pm-8:00pm<br>FFN 7:30pm-9:30pm | 4:30pm-8:30pm |  |
|--|--|--|--|--|---------------|--|

**POOL PARTIES**

|  |  |  |  |  |                 |                           |
|--|--|--|--|--|-----------------|---------------------------|
|  |  |  |  |  | 1:00pm - 4:30pm | 1:00-4:30PM<br>Lanes Vary |
|--|--|--|--|--|-----------------|---------------------------|

**FEBRUARY POOL EVENTS**

Friday February 10 Kids Night Out  
 Friday February 24 Family Fun Night  
 Feb 4 & 5 W. MA Y Swimming Championships  
**PLEASE TAKE A CLEANSING SHOWER PRIOR TO ENTERING POOL.**



**FAMILY FUN SWIM NIGHTS**  
 Small Pool  
 Dalmatian Float  
 Cole Pool  
 Submarine Float



Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.

**POOL TIMES ARE SUBJECT TO CHANGE**

Please contact Jamie Bloom, Program Director 568-8631 X312, [jbloom@westfieldymca.org](mailto:jbloom@westfieldymca.org) or visit our website [www.westfieldymca.org](http://www.westfieldymca.org)